



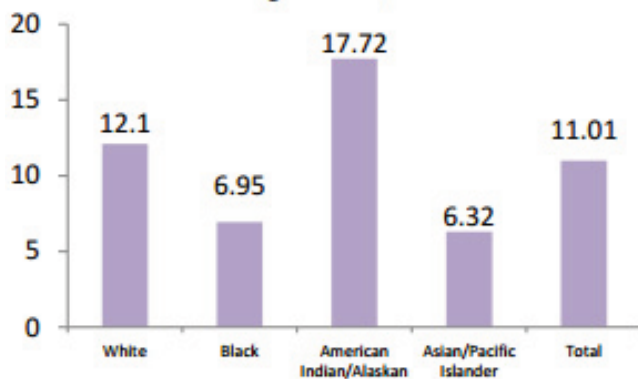
AMERICAN ASSOCIATION OF SUICIDOLOGY

Youth Suicide Fact Sheet Based on 2011 Data (2013)

Overview

- In 2011, 4, 822 youth age 15-24 died by suicide.ⁱ
- Suicide was the 2nd leading cause of death for 15 - 24 year-olds in 2011
- The 2011 Youth Risk and Behavior Survey found that in the previous 12 months among high school students; 15.8% seriously considered suicide; 12.8% made a plan for suicide; 7.8% attempted suicide one or more times; 2.4% made a suicide attempt that had to be treated by doctor or nurse.

Suicide Rate by Race,
ages 15-24, 2011



- Girls are more likely to attempt suicide, but boys are 4.34 times more likely to die by suicide than girls.

Risk Factors

- Mental Illness
- Substance abuseⁱⁱⁱ
- Firearms in the household^v
- Previous suicide attempts^{vii}
- Non-suicidal self-injury^{ix}
- Exposure to friends'/family members' suicide^{xi}
- Low self-esteem^{xii}

Protective Factors

- Family and school connectednessⁱⁱ
- Safe schoolsⁱ
- Reduced access to firearms^{vi}
- Academic Achievement^{viii}
- Self-esteem^x

Youth Suicide Can Be Prevented

Youth across America are affected by suicide, be it in families, at school, or in their own lives. The cost is immesasurable, but help is available.

Friends are often the first to know their friend is suicidal, and we need to help them know where to find help.

Source: ⁱCenters for Disease Control and Prevention, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System (WISQARS) [online]. [cited February 2012]. Available from www.cdc.gov/ncipc/wisqars)

ⁱⁱ Kaminski et al, J Youth Adol, 2010

ⁱⁱⁱ Brent et al., J Am Acad Child Adol Psych, 1999.

^{iv} Eisenberg et al., J PED, 2007

^v Brent et al., J Am Acad Child Adol Psych, 1999

^{vi} Grossman et al., JAMA, 2005

^{vii} Beautrais, SLTB, 2004

^{viii} Borowsky et al., Pediatrics, 2001

^{ix} Nock et al., Psychi Res, 2006

^x Sharaf e al., JCAPN, 2009

^{xi} Borowsky et al., Pediatrics, 2001

^{xii} Resnick et al., JAMA, 1997